



# An Interactive Introduction To Conservation Biology



# An Interactive Introduction To Conservation Biology

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PUSAT E-PEMBELAJARAN UNIVERSITI MALAYSIA SABAH  
KOTA KINABALU



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# Introduction

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*An Interactive Introduction To Conservation Biology* is designed for undergraduate students enrolled in Introduction To Conservation Biology courses. This book specifically targets first year students in Conservation Biology Program that would effectively integrate into the flipped classroom model. This textbook could also be used for non-flipped classroom designs, as the embedded interactive video and other HTML5 contents would act as supplementary or additional teaching materials.

This interactive textbook offers an easy way for students to understand basic topic in conservation biology while providing self-assessment to test their understanding in each topic. This book will guide students through topics on conservation biology and global biodiversity, threats to biodiversity and conservation approaches. The first part of the book covered on introductory to conservation biology and biodiversity, while second part provides an overview on the major threats to our biodiversity and the third part outline solutions or approaches to the current biodiversity crisis.

This open interactive textbook will be great asset for introductory courses at the college or university level on conservation biology. The general reader looking for easy and light reading materials will also greatly benefit from this book.

Cover book images:

- i. *Dendrobium kinabaluense* Rild. and Mount Kinabalu as the background. (Photo: Siti Fatimah Md. Isa)
- ii. *Presbytis rubicunda*. (Photo: Nor Aifat A. Rahman)
- iii. *Nepenthes rajah*. (Photo: Siti Fatimah Md. Isa)
- iv. *Polypedates otlophus*. (Photo: Muhammad Fadzil Amram)

# Preface

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This is the first edition of the book. Book maintenance and revision will be carried out continuously so that the latest information and issues can be conveyed to students. Every time that you use this textbook, please email the author, Siti Fatimah Md. Isa ([sitifatihahmdisa@ums.edu.my](mailto:sitifatihahmdisa@ums.edu.my)) and provide the course title and the number of students involved. This allows for the impact of this open textbook to be monitored. Also, please check with the author prior to adopting this textbook to see if any substantial revisions or additions are pending.

This interactive textbook is different from any other textbook that is heavy on words because this book has interactive HTML5 content, such as quizzes, interactive videos and self-assessments to enable students receive instant feedback when they complete the interactive content. Most of the contents in this textbook are from open resources, have been modified and added questions. Students can learn and check their understanding in all one place. Please use this book as you see fit for your classes. Enjoy reading!

# PART I

# CONSERVATION BIOLOGY AND GLOBAL BIODIVERSITY

In the First Part, we will view the basic concept of biodiversity:

- Chapter 1: How much biodiversity is there?
- Chapter 2: How has biodiversity changed through time?
- Chapter 3: Where is biodiversity?

According to World Wildlife Fund (WWF), **biodiversity** is all the different kinds of life that we will find in one area including variety of animals, plants, fungi, and even microorganisms like bacteria. Biodiversity changes over time as extinction occurs and new species evolve. There are three levels of biodiversity: species, genetic and ecosystem diversity that work together to create the complexity of life on Earth.

Biodiversity is essential to supports human and societal needs, including food and nutrition, energy, development of medicines and pharmaceuticals, and also supports economic opportunities that contribute to overall wellbeing. However, biodiversity has been declining at an alarming rate in recent years, mainly due to human activities, such as land use changes, pollution and climate. This will cause human societies lack of the essence of what we need to survive. Thus we have to try our best to protect, prevent and preserve habitat and biodiversity loss.



Adopted from: “Sustainability Environment Behavior” by Rilsonav is licensed under CC BY 4.0

# I. How much biodiversity is there?

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## *Learning Objectives*

In this chapter, students will be able to:

- Define biodiversity.
- Characterize the three level of biodiversity on earth.

Earth's **biodiversity** is so rich that many species have yet to be discovered. Scientist have estimated that there are around 8.7 million species of plants and animals in existence. However, only around 1.2 million species have been identified and described so far, most of which are insect. This means that millions of other organisms remain a complete mystery.

When documenting life on Earth, we need to considered three level of biodiversity. View the following video to learn more!



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[aninteractiveintroductiontoconservationbiology/?p=32#oembed-1](https://openbook.ums.edu.my/aninteractiveintroductiontoconservationbiology/?p=32#oembed-1)

*Adopted from: "Biodiversity and its types | genetic diversity |*

Click below to see what is the three level of biodiversity:



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The relationship between **species**, **genetic**, and **ecosystem** diversities is complex and interdependent. That is, a species cannot exist without genetic diversity or ecosystem diversity, and vice versa. For that reason, it is virtually impossible to affect one aspect of diversity without affecting the other. We can therefore think of species, genetic and ecosystem diversity simply as different ways to measure variety of life.

Self-assessments

Now let's test your understanding!



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#h5p-2](https://openbook.ums.edu.my/aninteractiveintroductiontoconservationbiology/?p=32#h5p-2)

## 2. How has biodiversity changed through time?

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### *Learning Objectives*

In this chapter student will be able to:

- List five mass extinction event
- Explain the impacts of extinction

In the middle of the Cambrian Period, about 500 million years ago, our planet looked completely different. There was land, but there were not any plants or animals living on it. Instead, the dry land was rocky and barren, with no shrubs, trees or grasses except a paper-thin film of microbes clinging to the rocks and thin ancient soils. These microbes were most likely the only terrestrial life around, and had been for several billion years. Scientists believed these ancient microbial films were probably made up of cyanobacteria and maybe some of the first fungi. And each bacterium was likely doing what cyanobacteria do today – sending out tiny filaments of cells from the main bacterial mat to start new colonies. So, the fact is, for a good billion years ago of Earth's history, cyanobacteria had a monopoly on the terrestrial environment.

Life on earth was getting a little more crowded with arriving of new organisms where those newcomers would end up changing the world biodiversity. Their arrival would make the world colder,

and fast, and it would drain much of the oxygen out of the world's oceans. Eventually, it cause a massive extinction event, in which around 85% animal species, including a quarter of marine animal families, disappeared from the planet forever. This environmental catastrophe is known today as the End-Ordovician Extinction Event, and it was the first of what we often call the Big Five mass extinctions in the history of our planet.

View the following video to learn more.



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here: <https://openbook.ums.edu.my/aninteractiveintroductiontoconservationbiology/?p=34#oembed-1>

*Adopted from: "5 Mass Extinctions, and We're Looking at the Six*

At the most basic level, mass extinctions reduce diversity by killing off specific lineages, and with them, any descendent species they might have given rise to. In this way, mass extinction prunes whole branches off the tree of life. As we lose animals and plants, we lose the natural caretakers of the earth. As animal extinction begins to worsen, it also begins to drastically affect our ecology. Alongside systems like the food chain breaking down, processes like biotic pollination (pollination carried out by animals such as bees) cease to carry on.

Lets learn more from this interactive book:



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## Self-Assessment

Now let's test your understanding!



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# 3. Where is biodiversity?

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## *Learning Objectives*

In this chapter student will be able to:

- Comprehend what is biodiversity
- Define biodiversity hotspots

**Biodiversity** comes from two words: Bio meaning life and diversity meaning variability. Biodiversity is the variety of all living things which work together in an ecosystems, like an intricate web, to maintain balance and support life. Biodiversity is in your backyard and on the far side of the world. For example, a forest containing many types of trees, dozens of bird species, and both big and small mammals, is described as having high biodiversity.

Some areas in the world have more biodiversity than others. Areas with extremely high levels of biodiversity are called **biodiversity hotspots** – biologically rich and deeply threatened. Currently, there are 36 recognized biodiversity hotspot. These are Earth's most biologically rich – yet threatened – terrestrial regions.

Lets learn more from this video.



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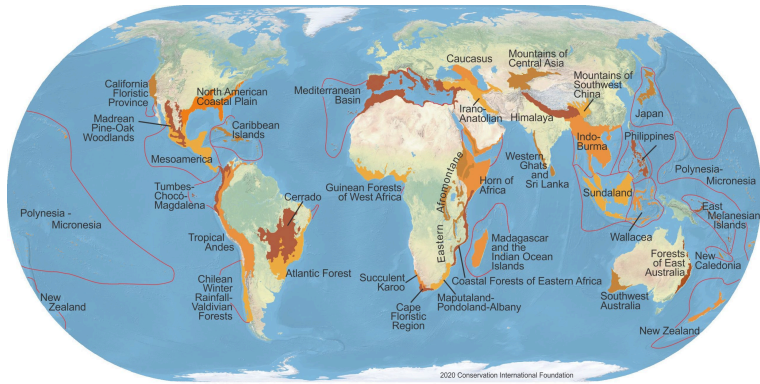
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-1

*Adopted from: "What is a biodiversity hotspot?" by California A*

To qualify as a biodiversity hotspot, an area must meet these two strict criteria:

- Contain at least 1500 species of vascular plants found nowhere else on Earth (known as “endemic” species). A hotspot, in other words, has a high percentage of endemic plant species and is irreplaceable.
- Have lost at least 70 percent of its primary native vegetation, in other words, it must be threatened.

For example, both Sundaland Hotspot in Southeast Asia and the Tropical Andes Hotspot in South America have about 15,000 endemic plant species. And some hotspots have reached a startling 95 percent loss of its vegetation.



Conservation International (conservation.org) defines 36 biodiversity hotspots — extraordinary places that harbor vast numbers of plant and animal species found nowhere else. All are heavily threatened by habitat loss and degradation, making their conservation crucial to protecting nature for the benefit of all life on Earth.

## Self-Assessment

Now let's test your understanding!



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## PART II

# THREATS TO BIODIVERSITY

In the Second Part, we will view four major threats to biodiversity:

- Chapter 1: Habitat loss and fragmentation
- Chapter 2: Pollution
- Chapter 3: Overexploitation
- Chapter 4: Species invasion

The core threat to biodiversity on the planet, and therefore a threat to human welfare, is the combination of human population growth and the resources used by that population. The human population requires resources to survive and grow, and many of those resources are being removed unsustainably from the environment.

Please watch this interactive video before you continue.



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# 4. Habitat loss and fragmentation

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## *Learning Objectives*

In this chapter student will be able to:

- Define habitat loss and habitat fragmentation.
- Recognize efforts to prevent further habitat loss and habitat fragmentation

**Habitat loss** is define as the outright destruction of natural ecosystems, an inevitable consequence of expanding human populations and human activities. In a world where intact natural ecosystems are increasingly being altered by the activities of an ever-increasing human population and its consumptive needs, habitat loss has emerged as the number one threat facing biodiversity today.

**Habitat fragmentation** creates small and isolated subpopulations that have fewer opportunities to find food, water, shelter and mates. This hastens extinctions where the species in the fragmented areas are prone to a range of deleterious genetic effects that large connected population.

Lets watch this video.



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-1

*Adopted from: "Human Impacts on Biodiversity | Ecology and Environment"*

Human-caused habitat loss or habitat fragmentation is altering ecosystems on a global scale causing destruction that is irreversible. Humans are part of the great cycle of life on earth and we depend on the overall function of natural systems for our own survival. Properly function natural systems create the air we breathe, break down our wastes, provide our food, purify our drinking water and ultimately supply all the materials we require for living.

Click below to see the four efforts to prevent further habitat loss and fragmentation:



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Find human activities that contribute to habitat loss and fragmentation.



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*[#h5p-8](#)*

# 5. Pollution

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## *Learning Objectives*

In this chapter student will be able to:

- Define pollution
- Categorize forms of pollution

**Habitat loss** and **climate change** are the most prominent threats facing biodiversity at present. However, nearly all human activities place additional pressures on population. Such pressures are primarily from **pollution**, overharvesting, invasive species and disease. By definition, pollution is the introduction of harmful materials, called **pollutants** into the environment. Many pollutants take many years to biodegrade, and thus continue to pose a threat to wildlife and humans long after entering the environment. **Biomagnification**, a process through which pesticides and other toxins accumulate and become more concentrated in animals at higher levels of the food chain is becoming worsen.

Click below to see the forms of pollution:



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Watch an interactive video below to learn more on air pollutions.



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## Self-Assessment

Now let's test your understanding!



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# 6. Overexploitation

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## Learning Objectives

In this chapter student will be able to:

- Define overexploitation and other similar terms
- Understand the cascade effect of overexploitation

**Overexploitation** refers to the excessive use of natural resources at rates far greater than they are able to replenish themselves. Basically, we are using resources at a faster pace than we should be and so these resources will eventually run out. Deforestation, overfishing and overhunting are all forms of overexploitation. By overhunting one species, human can kill that species faster than it can replenish. But how does overexploitation effect **biodiversity**?

Lets watch this video to understand further.



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Adopted from: "Overexploitation | Wikipedia audio article" by W

Overexploitation, also called **overharvesting** can lead to resource destruction, including extinction at the population level and even extinction of whole species. Overharvesting not only threatens the resource being harvested, but can directly impact humans as well – for example by decreasing the biodiversity necessary for medicinal resources.

Overexploitation is one of five primary activities threatening global biodiversity; others include pollution, introduced or invasive species, **habitat fragmentation** and **habitat destruction**. Overexploitation of species can also result in **cascade effects**, particularly if a habitat loses its apex predator. Because of loss of the top predator, a dramatic increase in their prey species can occur. In turn, the unchecked prey can then overexploit their own food resources until population numbers dwindle, possibly to the point of extinction.

### Self-Assessment

Now let's test your understanding!



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# 7. Species Invasions

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## *Learning Objectives*

In this chapter student will be able to:

- Define invasive species
- Identify methods to control invasive species

Invasive species include plants and animals, both in water and on land. They are found in many places, including national parks. They threaten the park service mission to preserve unimpaired, natural and cultural resources. So what makes a plant or animal invasive? Does it have to do with a certain amount of damage or is it just a species that left its own habitat? Let's learn about some other definitions before we dive further into the big question.

**Native species** – Organisms that have occurred, now occurred, or may occur without human intervention.

**Non-native species** – Organisms that do not occur naturally in an area, but are introduced as a result of a deliberate or accidental human activity. The species may even considered beneficial under certain circumstances.

**Invasive species** – Species that are non-native that cause harm to the environment, cultural resources, infrastructure, economy, human safety and health, as well as plant and animal health.

Now, you may be thinking, where do pests fit into all of this?

**Pest** – Any organisms that interferes with management objectives

or threatens human health or safety. A pest can be native or non-native. All invasive species are pests, but not all pests are invasive species.

Let watch this interactive video to learn more.



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To be invasive, a species must adapt to the new area easily. It must reproduce quickly. It must harm property, the economy, or the native plants and animals of the region. Some species are brought to a new area on purpose. Often, these species are introduced as a form of pest control.

There are three main types of invasive species control methods. These are biological control, chemical control, and physical/mechanical control. Selecting the correct form of control will depend on the target species. Often invasive species are managed using a combination of different control and treatment types.

Click below to learn more one each different methods to control invasive species:



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## Self-Assessments

Now let's test your understanding!



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# PART III

# CONSERVATION

# APPROACHES

In the Third Part, we will look at some efforts to conserve biodiversity:

- Chapter 1: Habitat Restoration
- Chapter 2: Protected Areas
- Chapter 3: Conservation in Fragmented Landscape

Conservation biology has three (3) goals: (a) to document Earth's biological diversity, (b) to investigate how humans influence species, evolution, and ecosystem processes; and (c) to investigate approaches to protect and restore biological communities, maintain genetic diversity, and prevent the extinction of species. In this section, we will discuss on the third goal which is to protect and restore biodiversity. We will look into three efforts in conserving biodiversity which are habitat restoration, protected areas and conservation in fragmented landscape.



*Adopted from: "Habitat restoration" by Phil Ohme is licensed under*

# 8. Habitat restoration

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## *Learning Objectives*

In this chapter student will be able to:

- Define habitat restoration
- Identify reasons to restore habitat

Habitat **restoration** is the purposeful **rehabilitation** of an area to recreate a functioning ecosystem. It can be accomplished through management, protection, and reestablishment of plants by returning abiotic factors (e.g., soil chemistry, water content, disturbance) and biotic factors (e.g., species composition, interactions among species) to historical levels. Assisting recovery of habitat can be as simple as removing an invasive species and reintroducing a lost species or a lost function or can be as complex as altering landforms, planting vegetation, changing the hydrology and reintroducing wildlife.

Watch a unique restoration project below on how fires is used to restore habitat.



*One or more interactive elements has been excluded from this version of the text. You can view them online*

here: <https://openbook.ums.edu.my/aninteractiveintroductiontoconservationbiology/?p=53#oembed-1>

*Adopted from: "Fire for Ecosystem Restoration" by Royal Botanic*

Restoration is carried out for one of the following reasons:

- To restore highly degraded localized sites such as mine sites
- To improve productive capability in degraded production land
- To enhance conservation values in protected landscapes
- To enhance conservation values in productive landscapes

Four (4) basic steps used in habitat restoration and rehabilitation:

1. Identification of the cause for degradation
2. Elimination of toxic soil pollutants, addition of nutrients to depleted soil, addition of new top soil and elimination of disruptive species
3. Protection of the area from further degradation and from the disruptive effects of fires
4. Monitoring restoration efforts, assessing success and modifying strategies.

*Case Study*

Here is an example of habitat restoration that had been carried out in Singapore.



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# 9. Protected areas

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## *Learning Objectives*

In this chapter student will be able to:

- Identify what is protected areas
- Recognize categories of forest reserve

Protected areas (PA) or conservation areas are locations which receive protection through legal or other effective means because of their recognized natural, ecological or cultural values to achieve the long term conservation of nature with associated ecosystem services. Protected areas are those areas in which human presence or the exploitation of natural resources is limited.

There are seven (7) protected areas that is categorized as: (a) Natural Park; (b) Natural Monument; (c) National Park; (d) Wildlife Sanctuary; (e) Protected Landscape/Seascape; (f) Resource Reserve; (g) Natural Biotic Area;

In Sabah, Total Protected Areas (TPA) comprise forest reserves gazetted under the Forest Enactment 1968 primarily for conservation, such as Class I, Class VI and Class VII, and also forested areas under enactment of Sabah Parks and Sabah Wildlife Department.

Click below to learn the seven (7) category of Forest Reserve in Malaysia:



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## Case Study

Here is an example work on protected areas in Pahang, Malaysia:



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# 10. Conservation in fragmented landscapes

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## *Learning Objectives*

In this chapter student will be able:

- To identify and understand the impact of habitat fragmentation
- To learn initiatives that has been made in Sabah to conserve habitat in fragmentation area

**Habitat fragmentation** occurs when large blocks of habitat are cut into smaller pieces by development such as roads or housing. The remaining blocks of habitat may be too small to sustain populations of a number of species and the fragmentation often results in barriers to species movement.

Habitat fragmentation can give negative impacts to our ecosystem, please see an interactive video below to understand better:



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aninteractiveintroductiontoconservationbiology/?p=57#h5p-19](https://openbook.ums.edu.my/aninteractiveintroductiontoconservationbiology/?p=57#h5p-19)

Various efforts has been made to conserve our biodiversity and build **habitat corridors** to connect wildlife separated by human activity or development. One of such efforts is the study of the ideal design for functional wildlife corridors within oil palm plantations at the Kalabakan River network. The full report can be read at MONGABAY. The Stability of Altered Ecosystems (SAFE) initiative shown a promising efforts to connect local populations of wildlife, including orangutans that have become isolated by their fragmented habitat.

Another ongoing project, initiated in 2019 located along the Kinabatangan River, called “Rasig Corridor” linked Lot 2 of the Lower Kinabatangan Wildlife Sanctuary (LKWS) with the “Keruaq Virgin Jungle Forest Reserve”. Beside to create corridors for wildlife to connect from different patches of isolated forests, the corridor area were also planted with seedlings of native trees species. This project aims is not only to connect the wildlife but also flora as restoration efforts in the fragmented and deforestation area.

Lets see video below to learn more on The Sabah Landscapes Program:



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aninteractiveintroductiontoconservationbiology/?p=57#oembed-1](https://openbook.ums.edu.my/aninteractiveintroductiontoconservationbiology/?p=57#oembed-1)*

Adopted from: “The Sabah Landscapes Programme: An Overview” by WWFMy is licensed under CC BY 4.0

### Case Study

Here is an example work on conservation in fragmented landscape in Selangor:



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<https://openbook.ums.edu.my/aninteractiveintroductiontoconservationbiology/?p=57#h5p-20>

# Afterword

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*Congratulations, you made it to the end of the  
text!*

I look forward to hearing how to make this book even more useful in the future! Please email to the author ([sitifatihahmdisa@ums.edu.my](mailto:sitifatihahmdisa@ums.edu.my)) for any comments and suggestions.

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# Glossary

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## **Biodiversity**

The variety of living species on Earth (plants, animals, bacteria and fungi).

## **Biodiversity hotspots**

Regions that contain high level of species diversity, many endemic species and a significant number of threatened or endangered species

## **Biomagnification**

Bioaccumulation

## **Cascade effects**

An inevitable and sometimes unforeseen chain of events due to an act affecting a system.

## **Climate change**

Long-term shifts in temperatures and weather patterns

## **Ecosystem**

A biological community of interacting organisms and their physical environment.

## **Genetic**

Relating to genes or heredity.

**Habitat corridors**

An area of habitat connecting wildlife populations separated by human activities or structures (such as roads, development, or logging)

**Habitat destruction**

Occurs when a natural habitat is no longer able to support its native species

**Habitat fragmentation**

Divides once large and widespread wildlife populations into several smaller subpopulations.

**Habitat loss**

The outright destruction of natural ecosystems

**Overexploitation**

The excessive use of natural resources at rates far greater than they are able to replenish themselves.

**Overharvesting**

Harvesting a renewable resource to the point of diminishing returns.

**Pollutants**

Harmful materials that cause pollution

**Pollution**

The introduction of harmful materials in to the environment.

**Rehabilitation**

The partial or full replacement of the ecosystem's structural and functional characteristics.

**Restoration**

The process of assisting the recovery of an ecosystem that has been degraded, damaged or destroyed back to its original condition

**Species**

A group of living organisms consisting of similar individuals